

OFFICE OF THE PRINCIPAL, ISPAT AUTONOMOUS COLLEGE, ROURKELA – 03

REF. NO.:- 099/ICR123

DATE - 10.01.23

NOTICE

The 44th Annual Athletic Meet 2022-23 will be held on 20.01.2023 and 21.01.2023 on the college play ground as per the event listed below. Interested students (+2 Boys/ Girls & +3 Boys/ Girls) are hereby directed to submit their name to Mr.Rohit Kujur, L/Math for +2 and Mr.Anirudha Toppo, L/Philosophy for +3 on or before 18.01.2023.

"A STUDENT CAN TAKE PART IN FOUR EVENTS EXCLUDING THE RELAY RACE"

EVENTS

| | +3 BOYS | +3 GIRLS | +2 BOYS | +2 GIRLS |
|-----------------|-------------------|---------------|---------------|---------------|
| RUN EVENTS | 100M | 100M | 100M | 100M |
| | 200M | 200M | 200M | 200M |
| | 400M | 400M | 400M | 400M |
| | 1500M | 800M | 1500M | 800M |
| | 4X100M | 4X100M | 4X100M | 4X100M |
| JUMP EVENTS | HIGH JUMP | HIGH JUMP | HIGH JUMP | HIGH JUMP |
| | LONG JUMP | LONG JUMP | LONG JUMP | LONG JUMP |
| THROW EVENTS | SHOT PUT | SHOT PUT | SHOT PUT | SHOT PUT |
| | DISCUSS THROW | DISCUSS THROW | DISCUSS THROW | DISCUSS THROW |
| | JAVELIN THROW | JAVELIN THROW | JAVELIN THROW | JAVELIN THROW |
| STAFF RACE | ALL STAFF MEMBERS | | | |
| FANCY DRESS | ALL STUDENTS | | | |

P. Anirudha Toppo
Principal
10/1/23
Ispat Autonomous College
Rourkela
Sector-16, Rourkela

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